

CANADA

PROVINCE OF NOVA SCOTIA

IN THE MATTER OF THE  
*FATALITY INVESTIGATIONS ACT*

S.N.S. 2001, c. 31

**THE DESMOND FATALITY INQUIRY**

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**TRANSCRIPT**

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**HEARD BEFORE:** The Honourable Judge Warren K. Zimmer

**PLACE HEARD:** Port Hawkesbury, Nova Scotia

**DATE HEARD:** March 5, 2021

**COUNSEL:** Allen Murray, QC, Inquiry Counsel  
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1 **MARCH 5, 2021**

2 **COURT OPENED (09:30 hrs.)**

3

4 **THE COURT:** Good morning.

5 **COUNSEL:** Good morning, Your Honour.

6 **THE COURT:** Ms. Ward, before we begin, I understand that  
7 when we left off yesterday, we had a discussion with regard to  
8 some documentation?

9 **MS. WARD:** Thank you, Your Honour. The Attorney General of  
10 Canada is seeking to enter a four-page document. It consists of  
11 an emergency report with respect to an antimalarial drug called  
12 malarone and an antimalaria questionnaire pertaining to  
13 doxycycline, Malarone, and the last page is a post-deployment  
14 screening and assessment form.

15 I understand that my friends have been canvassed. I  
16 understand there's no objection to the document and so we would  
17 just seek to enter it as an exhibit for future reference. Thank  
18 you, Your Honour.

19 **EXHIBIT P-000258 - EMERGENCY HOSPITAL RECORDS - FOUR PAGES**

20 **THE COURT:** All right, thank you. The documents that  
21 are referred to by Ms. Ward collectively will be entered as  
22 Exhibit 258.

1        **MS. WARD:** Yes, Your Honour.

2        **THE COURT:**        All right, thank you.

3        **MS. WARD:** Thank you, Your Honour.

4        **THE COURT:**        Good morning, Ms. Beauchesne. How are you  
5 today?

6        **A.**        Good morning. I'm fine, thank you.

7        **Q.**        All right, thank you. We just have to clear up  
8 something from yesterday. Thank you for joining us this  
9 morning. Before we begin, I think we would generally swear a  
10 witness and you'll be given some options. The Clerk will tell  
11 you what those options are.

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1           **JULIE BEAUCHESNE**, affirmed, testified:

2           **THE COURT**:       Mr. Russell? Thank you.

3

4

**DIRECT EXAMINATION**

5

6           **MR. RUSSELL**:    Thank you, Your Honour. Good morning, Ms.  
7 Beauchesne.

8           **A.**     Good morning.

9           **Q.**     I just want to make sure that I'm pronouncing your  
10 name properly. Clearly, French isn't one of my strengths at  
11 all. How do I pronounce your name?

12          **A.**     You can pronounce it BO-shen but I'm ... yeah, BO-  
13 shen.

14          **Q.**     BO-shen. Okay.

15          **A.**     Yes.

16          **Q.**     So thank you for joining us this morning. So I  
17 understand that you are an occupational therapist?

18          **A.**     Mmm, yes, I am.

19          **Q.**     And how long have you been an occupational therapist?

20          **A.**     I've been an occupational therapist since 2005.

21          **Q.**     And how long have you been working with the Ste.  
22 Anne's clinic in Quebec?

**JULIE BEAUCHESNE, Direct Examination**

1           **A.**    I've been involved with the clinic since 2007. I was  
2 working as an OT. I joined the team before the clinic was in  
3 its actual form, the residential clinic as it is now, ten-bed  
4 inpatient treatment clinic. There was a program called the  
5 stabilization program. It was offering services to the same  
6 clients, same clientele, and I was already involved with them  
7 then part-time, then it became full-time, and then I was already  
8 involved and working for the residential clinic when it opened  
9 in February 2010.

10           **Q.**    So is it fair to say that you've spent your entire  
11 career as an occupational therapist dealing with military  
12 veterans?

13           **A.**    Pretty much, yes, because before that at ... since  
14 2005, I was working at Ste. Anne's. So I was working for some  
15 time with older veterans in geriatrics rehab, yes.

16           **Q.**    So if you could tell us ...

17           **A.**    So already ...

18           **Q.**    Go ahead, sorry.

19           **A.**    Well, just saying already involved in working with the  
20 population, the veteran population, and becoming aware of the  
21 military culture and veteran culture.

22           **Q.**    So if you could tell us, what is an occupational



**JULIE BEAUCHESNE, Direct Examination**

1 therapist?

2       **A.** Yes. An occupational therapist is a healthcare  
3 practitioner that works with people of all ages that, because of  
4 different conditions, it could be psychiatric conditions,  
5 physical health problems or illnesses, that these conditions  
6 have an effect on their capacity to function. So an  
7 occupational therapist works with these people to see how to  
8 overcome any limits or barriers brought about by the symptoms of  
9 those conditions and their impact on their daily life. So in a  
10 nutshell, that's what OT does.

11       **Q.** I'm just going to stop right there. Your Honour, I  
12 know I can make out the witness. I just want to make sure  
13 because there seems to be a bit of a reverb or a pop kind of on  
14 our end, so I'm checking with court staff as well, may be  
15 picking it up? But I just wanted to check, kind of poll the  
16 room and Your Honour to make sure.

17       **THE CLERK:** If she can say a few words? If you could  
18 ask her a couple of questions because we can't ...

19       **MR. RUSSELL:** Ms. Beauchesne, we're just going to test it  
20 just because on our end, there seems to be a little bit of a pop  
21 from the speakers. So ...

22       **A.** Okay.

**JULIE BEAUCHESNE, Direct Examination**

1           **Q.**    I guess how are things in Quebec? We're just going to  
2 test the audio?

3           **A.**    They're okay. It's the week of the, oh, how do you  
4 say that? Spring break. It doesn't feel very spring-like  
5 today. Very cold.

6           **Q.**    And how are you enjoying ...

7           **A.**    Pardon me?

8           **Q.**    How are you enjoying the curfew? Is that still in  
9 place?

10          **A.**    Yes, it's still in place, yes. It's not a big, big  
11 barrier, but in this context of this week - spring break - it is  
12 a little bit more, has a little bit more of an impact, but it's  
13 okay. We're resilient ...

14          **THE CLERK:**    Do you find it better?

15          **MR. RUSSELL:**    I'm just going to check ...

16          **A.**    Is it sounding better?

17          **Q.**    I'm just going to check with the Judge.

18          **THE COURT:**    I can hear fine. There's sometimes there  
19 may be just a fraction of a delay, so maybe after you kind of  
20 ask a question and there's a response, you might just have to  
21 give it a second but I'm good. Sounds good here.

22          **MR. RUSSELL:**    Okay. All right, so we're back on script, I

**JULIE BEAUCHESNE, Direct Examination**

1 guess.

2 So you were saying the role of an occupational therapist.  
3 So what is the role of the occupational therapist in the Ste.  
4 Anne's setting?

5 **A.** In the Ste. Anne's setting, well, first of all, the  
6 occupational therapist is working with a team, so it's never a  
7 role that's in a (solo?) at Ste. Anne's in the clinic. It's  
8 always a collaborative work. And the role is to bring in the  
9 perspective of the occupational therapist's viewpoint and how  
10 the person is doing so we can anticipate in terms of functional  
11 issues. The role is to observe and evaluate either an  
12 individual follow-up or group format to observe the behaviour of  
13 the person, the capacity of their functioning in our setting,  
14 and also to inquire about functioning prior to admission and  
15 what's expected when a person is going to leave the program, and  
16 eventually to formulate recommendations to help again maximize  
17 the occupational participation of the person so that they're  
18 able to live the life that they want, meet the occupational  
19 demands in their environment, carry out the obligations relative  
20 to their goals, et cetera.

21 So even if a person has not followed an individual process  
22 in occupational therapy, they will be seen in a group setting at

**JULIE BEAUCHESNE, Direct Examination**

1 some point for sure by an occupational therapist who will be  
2 coordinating or animating a group.

3 Q. So what is your general caseload at Ste. Anne's? So  
4 how many veterans would you see sort of month to month, I guess?  
5 How many would you follow through at any given time?

6 A. I don't have a set caseload. I don't have a set  
7 caseload, especially that in the last years, my role has changed  
8 pretty much. We have another person that's in the function of  
9 occupational therapy that's more ... my role right now is  
10 clinical coordinator, so I am still involved in some animation  
11 of group sessions. Sometimes (inaudible) manner because  
12 somebody will not be there and we will want a person to co-  
13 animate a session, et cetera, but I don't have a set caseload.

14 In my functions of clinical coordinator, I won't say it's a  
15 caseload in occupational therapy, but it's a caseload I will  
16 have, you know, I will be following the evolution of the ten  
17 clients that we have at the clinic. So progress throughout  
18 their treatment and coordinating their treatment plan and  
19 discharge planning and everything like that. So I don't follow  
20 ... I don't have a set caseload in occupational therapy. Is it  
21 ... are you ...

22 Q. I'm just checking. I'm always looking over to the

**JULIE BEAUCHESNE, Direct Examination**

1 side to check with the Judge to make sure everything is on track  
2 so he can hear and ... okay.

3 So Ms. Beauchesne, could you tell us a little bit about ...  
4 so you said you are now the clinical coordinator at Ste. Anne's.

5 **A.** Mmm, yes.

6 **Q.** So that would be the position that used to be held by  
7 Dr. Gagnon?

8 **A.** Yes, yes. The last ... before me, yes.

9 **Q.** If you could tell us a little bit about ... we know  
10 about occupational therapists, but what is unique about being an  
11 occupational therapist when you are treating military veterans  
12 as opposed to clients in the civilian population?

13 **A.** Okay. What is unique is the clients. What is unique  
14 is the culture that you have to be aware of. The culture ...  
15 the cultural aspects of the military lifestyle. We have to ...  
16 well, you have to ... it's a process but, of course, the more  
17 you know about the specifics of the military lifestyle and the  
18 structure in the military and, you know, the components related  
19 to transition between military release from the forces, so many  
20 aspects of that, the more you become familiar with, the better  
21 able you're ... the better you are able to understand where the  
22 person is coming from, what kind of demands they were facing.

**JULIE BEAUCHESNE, Direct Examination**

1 For instance, in their role as military or now as a veteran, it  
2 really helps better to understand the context, it helps to  
3 understand better also some of the barriers that can be  
4 identified and difficulties in adapting to the demands of their  
5 roles now as a civilian, for instance.

6 So there's ... I mean it remains that you're still working  
7 with a person, whether it's a veteran, whether it's a civilian,  
8 whether it's a man or woman. The focus of the OT remains the  
9 same. You're looking to find out, you know, what is that person  
10 not able to do, or not able to do the way they would like to do  
11 it, and what's expected of them, and so ... and what is limiting  
12 them in that sense?

13 So in that sense, like I said, the focus remains the same,  
14 but to have that knowledge will definitely help be more  
15 sensitive also. It will have an impact, for instance, on how to  
16 establish an alliance. You know, you could better understand,  
17 for instance, how it could be difficult maybe for a person  
18 that's been released from the forces or the (inaudible) that  
19 have experiences that are not common in the civilian world, how  
20 that could impact maybe their capacity to engage and develop a  
21 sense of safety and a relationship with the clinician, whether  
22 it's an occupational therapist or any other clinician, actually,

**JULIE BEAUCHESNE, Direct Examination**

1 on our team.

2       **Q.** So on a very practical level, a military veteran who  
3 sort of leaves Ste. Anne's, returns to their community ... and I  
4 know it very much depends on what their conditions are but, for  
5 example, someone like Lionel Desmond, what you know about Lionel  
6 Desmond. What are some of the things an occupational therapist  
7 could assist Lionel Desmond when he returns home to his  
8 community after he leaves Ste. Anne's? What were some of the  
9 things an occupational therapist could help with?

10       **A.** Many things, many things. First of all, the  
11 occupational therapy in the community would be able to have a  
12 much more, like, a comprehensive understanding of the demands of  
13 the environment of the person, of his life habits, of his goals,  
14 of his ...

15       **Q.** I'm just looking over at the Court.

16       **A.** Yeah. Like, so a person could help the person. First  
17 of all, even when ... if it's already set up, if it's possible  
18 to start a follow-up early, after he returns to his community.  
19 Just that transitioning from leaving the hospital to  
20 reintegrating in his home. There's a lot of help there that  
21 could be ... a lot of support that can be offered to the client  
22 to just even find a way for them, you know, use strategies to

**JULIE BEAUCHESNE, Direct Examination**

1 structure his routine, for instance, and kind of make a plan for  
2 himself to balance things out and how (inaudible - audio) the  
3 need to be able to be involved in his ... everything related to  
4 his treatment. Going to his appointments and everything like  
5 that.

6 **Q.** Sure. I wonder if ...

7 **A.** As well as ...

8 **Q.** Sorry, I apologize. I wonder if you could just stop.  
9 I'm going to turn it over to ...

10 **(INAUDIBLE DISCUSSION BETWEEN THE COURT AND CLERK)**

11 **MR. RUSSELL:** So what we're going to do is we're going to  
12 try to reconnect and just test the ... on our end, there's some  
13 popping, I guess, of the speakers, so ...

14 **THE COURT:** What we ... the sound fluctuates and  
15 sometimes it drops low and comes back and we have to record all  
16 of our proceedings and then the proceedings are transcribed and  
17 that presents some difficulties for us. So I think we're just  
18 going to try and sign off and then re-establish a connection and  
19 hopefully, it will be a little better next time. So thank you.

20 **(AUDIO/VIDEO FEED RE-ESTABLISHED)**

21 **CLERK:** Okay. Sounds like you're coming in much clearer,  
22 I think. Do you find it much clearer, Mr. Russell?



**JULIE BEAUCHESNE, Direct Examination**

1           **MR. RUSSELL:**   We'll give this another try.  So I'm just  
2 going to talk to you in general terms.

3           **A.**    Okay.

4           **Q.**    Baseball or hockey?  Which one is better?

5           **A.**    No, I don't really ... I'm not a fan really of either.

6           **THE COURT:**    You can just begin, Mr. Russell.

7           **MR. RUSSELL:**    Okay.

8           **THE COURT:**    We'll see how we make out.

9           **MR. RUSSELL:**    So ...

10          **A.**    I can say hockey just for the (inaudible).

11          **Q.**    Okay.  All right, we'll give this another try.  Back  
12 on the task.

13          **A.**    Okay.

14          **Q.**    So you were describing some ... if we could maybe back  
15 up a little bit.  You were explaining to the court some of the  
16 ways an occupational therapist could assist Lionel Desmond when  
17 he returns to the community after he leaves Ste. Anne's.  I  
18 wonder if we could start that again and if you could explain  
19 that.

20          **A.**    Okay.  So one of the things I was saying is that first  
21 of all, just the ... we don't ... we cannot underestimate the  
22 stress that can be brought about returning home after a period

**JULIE BEAUCHESNE, Direct Examination**

1 of hospitalization for several weeks. So just in that  
2 transition, there could be help offered to the client to see how  
3 we can implement what he's learned throughout his therapy,  
4 throughout his treatments, how he can put pieces of that that  
5 are important for him, that he finds helpful, in that context,  
6 how he can reproduce that at home to maintain the foundation or  
7 the routine that's going to be stable enough that will allow him  
8 to profit as best as possible from the continuity of his  
9 treatment with other professionals. So it continues to be a  
10 collaborative process with the client and also hopefully with  
11 other team members, other members, even if it's not a team like  
12 it is in the context of the residential setting.

13 So accompanying the client in that way. Give interventions  
14 for occupational ... planning of occupations, restructuring  
15 team, organization strategy, or anything to do with reducing the  
16 stress of his anxiety. How to integrate. Like I was saying,  
17 strategies that maybe other professionals have taught him.  
18 Like, for instance, I'm thinking, in the context of the clinic,  
19 the person, every day, will be invited to practice relaxation  
20 techniques, participate in mindfulness sessions, to practice  
21 that, and so how is that ... how the person can bring this home  
22 and set the stage to continue to build the life that they want

**JULIE BEAUCHESNE, Direct Examination**

1 for themselves.

2 So the occupational therapist would be working closely with  
3 the client to identify what the priorities are of the person,  
4 what activities they want to go back to, what is the context  
5 with them? Are they returning to work, civilian work? Are they  
6 ... you know.

7 If they're with their family, it's also an adaptation to  
8 come back home when people at home have, you know, started to  
9 adapt to him being away. Now, when the member is coming back  
10 home, it's an adaptation for all the family so it can also be  
11 some support for the family to educate also the family about ...  
12 to set the stage and explain to them what they might feel, how  
13 it's a bit destabilizing, that phase of transitioning back home.  
14 Help them clarify among themselves in collaboration maybe with  
15 the contribution of the social worker to see how they can best  
16 communicate. So communication strategies. If I come back just  
17 to the client himself, like Mr. Desmond would be (inaudible)  
18 well, for instance, in your role of a father, in your role of a  
19 spouse, what would be your priority? You say you want to  
20 develop a ... develop more satisfaction in carrying out, you  
21 know, those roles. What would that look like that? So to  
22 continue such work would be some types of interventions that

**JULIE BEAUCHESNE, Direct Examination**

1 could be done in terms of support.

2       **Q.** So I take it there's a, kind of with Lionel Desmond,  
3 there was a key val- ... there was a real value in what an  
4 occupational therapist could assist him with in his day-to-day  
5 functioning.

6       **A.** Yes, absolutely. It could be an occupational  
7 therapist. It depends also because it could be a case ... a  
8 clinical (care?) manager that could assist with that, and that  
9 clinical case manager would ... could be an occupational  
10 therapist, could be a social worker, could be a nurse,  
11 clinician, psychoeducator, I think. There's different types of  
12 professionals.

13       The occupational therapist, if that's the person that's in  
14 that mandate, or it's not in the mandate, but it's of a clinical  
15 care manager but it's just in its own occupational therapy  
16 mandate will provide ... will be able also to provide, if  
17 needed, a functional assess- ... a full functional assessment to  
18 make links and really to describe, if any, what are the  
19 potential causes of different barriers faced by the person in  
20 their managing of their daily life.

21       **Q.** Okay.

22       **A.** So again, they are ... the occupational therapists

**JULIE BEAUCHESNE, Direct Examination**

1 won't have all the answers but we'll bring that in. And again,  
2 taking (inaudible) of the team as observing or ...

3 **Q.** So when you had contact with Lionel Desmond at Ste.  
4 Anne's, did you have contact with him both at the stabilization  
5 phase and the residential phase?

6 **A.** Yes. Throughout his stay, I've had contacts with him.

7 **Q.** And how frequently would you meet with Lionel Desmond,  
8 whether it was on an individual setting or in a group setting?  
9 What was the frequency of your meeting with him?

10 **A.** I don't recall the frequency. I know I've ... I know  
11 my notes reflect for sure that I've seen him six times, but I  
12 have seen him in other contexts where, for instance, I was doing  
13 ... administering a MoCA test with him, but there's also ... I  
14 know we're going to eventually talk about that.

15 I also met with him in a situation where we were offering  
16 supports to him when he was facing challenges in adapting to  
17 different situations that you heard. Emotions of anger or of  
18 anxiety. But at the same time, I just want to mention that in  
19 those times, I was starting also in a role of manager of the  
20 clinic.

21 **Q.** Okay.

22 **A.** So I was kind of sitting in two chairs at the same

**JULIE BEAUCHESNE, Direct Examination**

1 time. My OT chair and with my manager chair. So yeah. So I  
2 was on the unit, so every day I was at work, I would see him.  
3 So I had a ... yeah.

4 **Q.** So in terms of ...

5 **A.** It was not (inaudible - audio).

6 **Q.** Sorry, you cut off there.

7 **A.** Okay. I was just saying I wasn't ... I didn't see him  
8 only in a formal setting, like a planned session, but I would  
9 also see him on the unit every day.

10 **Q.** So you would see him in both group and individual  
11 settings. What are the advantages of having both group and  
12 individual settings with Lionel Desmond?

13 **A.** Okay. Well, I would say, with him and with everybody,  
14 the combination of those two clinical settings allow for  
15 different types of opportunities. Our soliciting different  
16 capacities from the clients can be triggering more or less a  
17 different (inaudible) depending on the situation. So the  
18 combination of both is really I think the best. Lionel Desmond,  
19 in the sense of a person like him who has some trust issues and  
20 has difficulty maybe sometimes concentrating on, like, on a  
21 specific subject for a matter ... for some time. Well then the  
22 individual setting could be more soliciting, more anxiety

**JULIE BEAUCHESNE, Direct Examination**

1 provoking maybe because all the focus is just on him (that will  
2 be?) confronting. That can be a lot to manage.

3 At the same time, it's also meant to be a very safe place  
4 and the person can feel eventually that they're able to confide,  
5 that they're able to express themselves maybe without being  
6 concerned by the (speaks in French) ... by what other people  
7 think, their peers, for instance, like in a group setting.

8 At the same time, a group setting for Lionel Desmond, is  
9 one thing I remember. It's so a while back, but I do remember  
10 that he benefitted, I think, from that setting too because he  
11 could contribute to that setting, he could be a person sometimes  
12 that would give advice or that would support a peer, and that's  
13 ... it's very (speaks in French) ... it ... empowering,  
14 (enriching?) to feel that you have, you know, a role ... a  
15 positive role.

16 At the same time, there's the other side of it where it can  
17 be solicitating and difficult if you have attentional  
18 difficulties. You're in a setting where there's more things  
19 going on and ... but that peer support is ... it's a richness to  
20 have both. I don't know. I could go on.

21 **Q.** Okay. Sure. If I could just have one moment.

22 **A.** Sure. It is so hard ... yeah.

**JULIE BEAUCHESNE, Direct Examination**

1           **Q.**    So in terms of your overall sort of initial  
2 impressions of Lionel Desmond, how would you describe Lionel  
3 Desmond and what did you see that he might have been struggling  
4 with, some of the challenges he had faced? What were your  
5 overall impressions?

6           **A.**    My overall impressions, I keep in mind a man that was  
7 willing to do some work with our team at the treatment clinic to  
8 get his life back on track. I remember a person that had a hard  
9 time navigating and, you know, that ... hard time letting go and  
10 being vulnerable with the clinicians but that wanted to. I  
11 remember him putting on a facade sometimes and sometimes I'm not  
12 sure it was a facade, sometimes it was pretty authentic where he  
13 was a happy-go-lucky guy, cool dude, very friendly, well-  
14 mannered, well-liked, while expressing his wanting ...  
15 expressing his motivation toward ... and regaining a sense of  
16 control in his life and, like I said, having things get back on  
17 track.

18           At the same time, he was going through a lot. There were a  
19 lot of stressors in his life, a lot of concerns on his part.  
20 There were obviously, you know, work-related stressor, the loss  
21 of a significant role, the unknown about his future. Him  
22 upholding the belief having ... reporting observations of having



**JULIE BEAUCHESNE, Direct Examination**

1 some difficulties with cognitive function, memory. Him  
2 struggling also with emotional regulation, lack of ability or a  
3 poor ability to self-regulate, requiring a lot of support in  
4 that sense, requiring a lot of ...

5 But at the same time, that's what it is. That's what I ...  
6 I still remember that he was kind of fighting against himself,  
7 he wanted to really be involved and to progress. At the same  
8 time, he was stuck sometimes having to deal with what I was just  
9 mentioning, the anxiety, the trigger that triggered anger and  
10 that prevented him sometimes from being able to ground himself  
11 and address other issues, other life concerns, and eventually  
12 identify more specific concrete things he wanted to work with.

13 He had the big stressor also about his relationship with  
14 his wife. How was he going to be able to get that aspect of his  
15 life not repaired but ... like, have a new start? He was very  
16 concerned about how his family perceived him and did they have  
17 confidence in him to be able to be the father he wanted to be,  
18 to be the spouse he wanted to be. He had doubts himself. He  
19 had doubts himself. He doubted himself, of course, because he  
20 was ... yeah, he did have some insight about his behaviours, his  
21 reactions, the impact of that on his family and his  
22 relationship. But at the same time, again there was that not

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1 (inaudible), but there was that dynamic where it's confronting.  
2 So yes, he would be reactive. If that was reflected back to  
3 him, he would be reactive to that, like, you know, he wanted to  
4 take the responsibility, and at the same time, he didn't want to  
5 take the sole responsibility for all the problems that he was  
6 having in his life or in his relationship with his family.

7 Q. So from what I take from that is he appeared motivated  
8 to get help and make changes. Is that correct?

9 A. Yes.

10 Q. But there were some sort of barriers from within, and  
11 given his condition, that sort of were stepping in the way of  
12 that.

13 A. Yes. I think you're expressing it better than me,  
14 yes, it is ... exactly, yeah. So there was that internal fight  
15 going on, you know, but ... because he did stay at the clinic  
16 for many weeks. He could've decided to leave, because others  
17 have in the past when it becomes too difficult and they don't  
18 ... and maybe a person is not ready to let themselves, like I  
19 said, again be vulnerable enough to allow for some work to be  
20 done. If it seems too difficult, they might leave, but he was  
21 able to manage, to ... despite his trust issues or the  
22 difficulties in that area, he was able to ... or maybe in

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1 satisfaction, but I don't have a concrete example of in  
2 satisfaction except for maybe one about his progress in the  
3 treatment. He still stayed throughout the program till the end.  
4 So that too, for me, and I think with the time was evidence of  
5 his willingness to try to engage as much as possible and to, you  
6 know, make changes in his life and open up to see how he could  
7 do things differently, but he was where he was at and with the  
8 capacity that he had.

9       **Q.** How were his ... you touched upon it a little bit.  
10 What observations did you make about his interactions with  
11 others while at the clinic, other residents or other clients,  
12 other staff, and what were you making of those observations?

13       **A.** It's hard to distinguish between what I really  
14 remember, what I think I remember, what I remembered, because  
15 now, in the last months, we've talked more about it, but I  
16 really (hold?) this, like a very positive image. Even if I also  
17 have images of him more in situations where he was angry and  
18 irritated and difficult to calm down, I still remember the man  
19 on the unit that was joking with others, that could be sarcastic  
20 but in a funny way, but sometimes also a bit intolerant and  
21 sarcastic in a not-so-funny way. Expressing his perception of  
22 not being in agreement with someone or, you know, using humour

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1 not in the best ... the most appropriate way. Not ... but at  
2 the same time, it's a strategy to compensate maybe sometimes, to  
3 filter out some of the things he might've said.

4 But I remember him ... yeah, I remember that he had some  
5 rough times. I remember being in meetings with ... at least two  
6 meetings with him where he was ... it was difficult for him to  
7 be able to calm down in a situation where he was activated and  
8 he was very triggered by his emotions and situation that, yes, I  
9 remember that ... like I said, that man that was smiling, that  
10 was saying "hello" to people that ... so, again, there are some  
11 times probably a facade, some times probably very authentic. I  
12 think there were times where he was authentic. It's hard to  
13 measure, you know, the extent to which he did develop an  
14 alliance with the team or members of the team.

15 Personally, I remember ... I don't ... from what I  
16 remember, there was some form of alliance because, you know, he  
17 accepted to (inaudible), the MoCA test. He accepted to meet.  
18 He accepted to meet with the team in situations where he was  
19 highly triggered and activated. So, again, there he felt safe  
20 enough is my hypothesis. He felt safe enough that he could sit  
21 down with us and go through whatever he was going through as  
22 opposed to avoiding it and flying.

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1           **Q.**    If we look at page 270 of the Ste. Anne's records ...

2           **A.**    270.  Yes.

3           **Q.**    This was the interdisciplinary discharge summary ...

4           **A.**    Yes.

5           **Q.**    And on this page is the section that has your  
6 observations and recommendations.

7           **A.**    Mm-hmm.

8           **Q.**    I'm just trying to find ... if we look to the third  
9 line under "Observations", it says: "Difficulties for Mr.  
10 Desmond to manage his anxiety or his anger were the issues  
11 mainly addressed as it was difficult for him to discuss more  
12 indepth daily functioning challenges."

13           So I'm going to ask you a series of questions there.  So  
14 anxiety and anger seem to be the prominent issues that you're  
15 seeing as it relates to Lionel Desmond?

16           **A.**    What ... if I come back to what I was saying at the  
17 beginning, the role of the OT at the clinic is to assess more a  
18 capacity of the person, how they function in the context of the  
19 clinic and also ... well outside of the clinic.  But in the  
20 context of a very structured ... a routine, very structured  
21 program these were elements that were observed as being barriers  
22 sometimes in him being able to function as expected.  In a

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1 sense, being able to present himself to a group or meeting or be  
2 able to ... in that sense. So that ... in that context is  
3 what's stand out ... is that ... what stand ... stood out as  
4 elements that I could identify that, you know, needed attention  
5 for him to be able to participate better in his daily  
6 activities.

7 I really ... I don't recall that there were other issues  
8 with functioning at the clinic so these were the things that  
9 were coming out.

10 And when it says the score ... difficult more ... difficult  
11 to discuss more indepth daily functioning challenges, I just  
12 want to say, I might have said that in the past time, the last  
13 (little time, the?) changes. Also sometimes when we are  
14 discussing difficulties with functioning with a client, it's  
15 very confronting and it triggers anxiety. It's very hard for a  
16 person to be discussing, you know, subjects that remind them of  
17 some limited things that they know they have and so it's very  
18 common that before we get to identify more specific things, that  
19 there's a lot of work in the first sessions and group setting or  
20 individual setting, a lot of work done to bring the person to  
21 feel safe enough to open up and discuss functional challenges.

22 Q. As well, on page 270 you noted in the same paragraph:

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1 "Mr. Desmond would find himself getting activated and so the  
2 interventions done with him centered around helping him ground  
3 himself on these occasions."

4 What does it mean that he would find himself being  
5 "activated"?

6 **A.** Okay, so that would refer to the manifestation ...  
7 manifestations of his anxiety. Manifestations maybe with ... I  
8 don't recall specific but ... well actually I recall examples of  
9 observing that he was becoming stressed, he was becoming ...  
10 there was tension we could see in his body. His speech was less  
11 fluid.

12 **Q.** Sorry, I missed that. If I could have one moment.

13 **A.** His speech (inaudible - audio) fluid. His speech  
14 (inaudible - audio).

15 **THE COURT:** Wait. We're having some audio difficulties.  
16 Sorry, we're having some ...

17 **A.** Oh ...

18 **THE COURT:** We're having some additional audio  
19 difficulties and I think what we're going to ... I think we're  
20 going to have to see if we can make some adjustments and maybe  
21 re-establish some connections. So we're going to break here and  
22 we'll be in touch with you at your end to see if there's some

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1 changes we can make. I don't know if there's a microphone  
2 that's available that could be moved around or moved closer but  
3 I'm going to let you explore that kind of off the record.

4 So we're going to adjourn briefly and I'll ask you not to  
5 go far and the clerks will be in touch with you in a moment  
6 there. So we're just going to take a short pause. Thank you.

7 **A.** Thank you.

8 **COURT RECESSED (10:12 hrs.)**

9 **COURT RESUMED (10:55 hrs.)**

10 **THE COURT:** I understand that ... Mr. Chabot you can  
11 hear me, I take it?

12 **MR. CHABOT:** I can hear you well, yes.

13 **THE COURT:** All right, thank you. Ms. Beauchesne, thank  
14 you for standing by.

15 We're having some audio difficulties here, and as I said  
16 earlier, one of the things that we need to be able to do is to  
17 have the proceedings recorded. It's a hearing of record and we  
18 need to be able to produce a transcript from that as well. We  
19 also have counsel in the room, they're having some difficulties  
20 and it's critically important for them, as well, to be able to  
21 follow the evidence in a way that allows them to ... I'm not  
22 going to use the word "digest", but appreciate the way that it's



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1 presented and to be able to follow up with questionings that may  
2 follow as well.

3       So I think what we're going to do is adjourn your evidence  
4 for the day and I understand there's a witness that's scheduled  
5 for this afternoon and we're going to adjourn that evidence as  
6 well and in the meantime, we'll make some efforts to have  
7 further discussions and see if we can find a technology solution  
8 to the audio, and once we do that, we'll reschedule and have Ms.  
9 Beauchesne back, but what I'd like to do is just to thank you  
10 for your time and your preparation to date, and for your  
11 forbearance, and we certainly appreciate and we look forward to  
12 having you back to testify on another date. So ...

13       **A.** Okay.

14       **Q.** All right. Mr. Chabot, I'm sure, will be in touch  
15 with you and we'd like to thank him for his efforts as well. So  
16 we'll ...

17       **MR. CHABOT:** Thank you, Your Honour.

18       **A.** Thank you.

19       **THE COURT:** ... we'll adjourn for the day. All right,  
20 thank you.

21

22 **COURT CLOSED (10:58 hrs.)**

**CERTIFICATE OF COURT TRANSCRIBER**

I, Margaret Livingstone, Court Transcriber, hereby certify that the foregoing is a true and accurate transcript of the evidence given in this matter, **re Desmond Fatality Inquiry**, taken by way of electronic digital recording.



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Margaret Livingstone

(Registration No. 2006-16)

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**DARTMOUTH, NOVA SCOTIA**

**March 6, 2021**